

CHAPTER 75-09.1-06
INTENSIVE OUTPATIENT TREATMENT - ADULT ASAM LEVEL II.1

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75-09.1-06-01. Definition.

As used in this chapter, "intensive outpatient treatment" means treatment provided to clients requiring a primary, organized treatment program and who are able to establish abstinence and recovery within the context of the client's usual environment and daily activities. This level of care will normally be offered in the evening hours to facilitate a client's ability to maintain the usual daily activity but may be offered during the day.

History: Effective October 26, 2004.

General Authority: NDCC 50-06-16, 50-31

Law Implemented: NDCC 50-31

75-09.1-06-02. Provider criteria.

1. An intensive outpatient treatment program shall offer no less than eight hours and no more than nineteen hours of programming per week in a structured environment.
2. An intensive outpatient treatment program shall offer the program with the length of stay to be determined by a client's condition and functioning.
3. An intensive outpatient treatment program shall make clients aware of emergency services that are available twenty-four hours per day seven days per week when the program is not in session.

History: Effective October 26, 2004.

General Authority: NDCC 50-06-16, 50-31

Law Implemented: NDCC 50-31

75-09.1-06-03. Program criteria.

An intensive outpatient program shall provide:

1. A combination of individual and group therapy as deemed appropriate by an assessment and treatment plan;
2. Medical and nursing services as deemed appropriate by an assessment and treatment plan;
3. A system for consultation or referral for identified treatment needs if such services are not available in the program and which includes close coordination of such services by the program and an effort by the program to arrange needed medical or psychiatric services by telephone within twenty-four hours of when the need was identified and in-person services within a time frame appropriate to the severity and issue;
4. Family treatment services as deemed appropriate by an assessment and treatment plan; and
5. Educational and informational programming adaptable to individual client needs and developmental status.

History: Effective October 26, 2004.

General Authority: NDCC 50-06-16, 50-31

Law Implemented: NDCC 50-31

75-09.1-06-04. Admission criteria.

Before an intensive outpatient treatment program may admit a client, the client must:

1. Meet diagnostic criteria for a substance-related disorder of the current DSM; and
2. Meet admission criteria for ASAM level II.1 outpatient treatment in all six ASAM dimensions and at least two of the following:
 - a. The client has few or no symptoms of withdrawal and presents only stable physical or psychiatric conditions;
 - b. The client expresses willingness even through coercion to attend all scheduled events; or
 - c. The client has an environment supportive of recovery efforts or is able to be supplied with alternative supportive housing.

History: Effective October 26, 2004.

General Authority: NDCC 50-06-16, 50-31

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