

SENATE CONCURRENT RESOLUTION NO. 4011

Introduced by

Senators J. Lee, Bakke, Bowman

Representatives Grande, Nelson, Potter

1 A concurrent resolution declaring Friday, February 6, 2009, "National Wear Red Day" in North
2 Dakota and encouraging all citizens to wear red to raise awareness of cardiovascular disease.

3 **WHEREAS**, diseases of the heart are the nation's leading cause of death and stroke is
4 the third leading cause of death; and

5 **WHEREAS**, in 2008 the direct and indirect cost of cardiovascular diseases in the United
6 States, including stroke, is estimated to be \$475.3 billion; and

7 **WHEREAS**, each year, 53 percent of all deaths due to cardiovascular disease and 61
8 percent of stroke deaths occur in females; and

9 **WHEREAS**, more women die of heart disease, stroke, and all other cardiovascular
10 diseases than the next five leading causes of death combined, including all cancers; and

11 **WHEREAS**, Go Red For Women is the American Heart Association's national call to
12 increase awareness about heart disease--the leading cause of death for women--and to inspire
13 women to take charge of their heart health; and

14 **WHEREAS**, in 2006 the Dakota Medical Foundation and the American Heart
15 Association launched a multiyear \$1.25 million Go Red North Dakota Initiative; and

16 **WHEREAS**, over 10,000 North Dakota women have joined the Go Red movement; and

17 **WHEREAS**, while nationally only 21 percent of women consider cardiovascular disease
18 their greatest health risk, the Go Red North Dakota Initiative resulted in 88.7 percent of North
19 Dakota women recognizing heart disease as the leading cause of death; and

20 **WHEREAS**, all women should learn their own personal risk for heart disease, using
21 tools such as the American Heart Association's Go Red For Women Heart CheckUp and by
22 talking to their health care providers; and

23 **WHEREAS**, making the right choices relating to proper nutrition, physical activity, doctor
24 visits, and other lifestyle methods is essential to living a heart healthy life;

1 **NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF NORTH DAKOTA, THE**
2 **HOUSE OF REPRESENTATIVES CONCURRING THEREIN:**

3 That the Sixty-first Legislative Assembly, in recognition of the importance of the ongoing
4 fight against heart disease and stroke, commends the North Dakota communities, worksites,
5 and statewide ambassadors who have joined the Dakota Medical Foundation and American
6 Heart Association Go Red North Dakota Initiative; and

7 **BE IT FURTHER RESOLVED**, that the Sixty-first legislative assembly declares Friday,
8 February 6, 2009, "National Wear Red Day" in North Dakota and urges all citizens to show their
9 support for women and the fight against heart disease by commemorating this day by wearing
10 the color red to increase awareness and to empower women to reduce their risk for
11 cardiovascular disease; and

12 **BE IT FURTHER RESOLVED**, that the Secretary of State forward copies of this
13 resolution to the Governor, the Dakota Medical Foundation, the American Heart Association,
14 and each member of the North Dakota Congressional Delegation.