

What to know about your day at the legislature...

Normal Legislative Day

Committee meetings (8:00 a.m. to 12:00 noon)
Break for lunch
House and Senate floor sessions (1:00 to 4:00 p.m.)
Schedules subject to change--check daily calendar.

Appropriate Dress

Torso must be covered (front and back)
Headware must be removed
No offensive or suggestive text or images on clothing
No visible undergarments
No visible rips, tears, or holes in clothing
If in doubt, leave it out!

Food and Beverages

It's a great idea to eat prior to your tour--better attention span.
Food and beverages are not allowed in meeting rooms, House, and Senate Chambers.
Capitol cafeteria and vending machines are available for your convenience.

Attending Committee Meetings

Break into smaller groups--10 students and 1 chaperone per room.
Enter and exit quietly, as committees are working groups.
Follow established protocol if you wish to make a comment to the committee.

Which bills are being discussed today?

Visit www.legis.nd.gov.
Major North Dakota newspapers list daily calendars.
Check monitors on the ground floor of the Capitol building.
Stop by the ground floor "Bill Room" for copies of bills and daily calendar.

Meeting with your Legislators (arrive at 12:45 in the Senate or House Balcony)

Legislative tour guide will notify your legislators of your visit to the Capitol.
Due to workload and schedules, some legislators may not be available to meet with you.
You can also get your legislators phone or e-mail address by going to www.legis.nd.gov.

***Please arrive at ground floor information desk 15 minutes prior to your scheduled tour.
This allows time to check coats and use the restrooms.***

ALWAYS REMEMBER...

Don't touch the brass!