

What to know about your day at the legislature . . .

Normal Legislative Day

Committee meetings (8:00 a.m. to 12:00 noon).
Break for lunch.
House and Senate floor sessions (1:00 to 4:00 p.m.).
Schedules subject to change--check daily calendar.

Appropriate Dress

Torso must be covered (front and back).
Headgear must be removed.
No offensive or suggestive text or images on clothing.
No visible undergarments.
No visible rips, tears, or holes in clothing.
Tattoos and body piercings (other than reasonable earrings) should not be visible, if possible.
Convey a neat, clean, appropriate appearance.

Food and Beverages

It is a great idea to eat prior to your tour--better attention span.
Food and beverages are not allowed in meeting rooms or House and Senate chambers.
Capitol cafeteria and vending machines are available for your convenience.

Attending Committee Meetings

Break into smaller groups--10 students and 1 chaperone per room.
Enter and exit quietly as committees are working groups.
Follow established protocol if you wish to make a comment to the committee.

Bills Under Consideration

Visit www.legis.nd.gov.
Check major North Dakota newspapers that list the daily calendar.
Check monitors on the ground floor of the Capitol.
Stop by the ground floor "Bill and Journal Room" for copies of bills and daily calendar.

Meeting With Your Legislators (arrive at 12:45 p.m. in the Senate or House balcony)

Legislative Tour Guide will notify your legislators of your visit to the Capitol.
Due to workload and schedules, some legislators may not be available to meet with you.
You also can find your legislator's phone or email address by going to www.legis.nd.gov.

Please arrive at ground floor information desk 15 minutes prior to your scheduled tour. This allows time to check coats and use the restrooms.

ALWAYS REMEMBER . . .

Do NOT touch the brass!