



The Northland PACE Mission

Northland PACE Senior Care Services promotes independence for older adults through coordination of all health services, allowing participants to continue living safely and with dignity at home.

The PACE Philosophy

The **Program of All-inclusive Care for the Elderly (PACE)** model is centered around the belief that it is better for the well-being of seniors with chronic care needs and their families to be served in their own homes whenever possible.



History

The first **PACE** program started in California in the 1970's. Since that time, it has expanded across the US into 32 states and 119 programs. There are approximately 45,000 people in the US that are **PACE** participants.

Northland Healthcare Alliance brought **PACE** to North Dakota in 2008, opening sites in Bismarck and Dickinson. We opened a site in Minot in July of 2015.

Northland PACE has served approximately 300 people since 2008. We have added 60 new participants in the past 12 months.



Eligibility

To be eligible for **PACE**, participants must meet the following criteria:

- Be at least 55 years old
- Qualify for nursing home level of care
- Be able to live safely in your own home
- Live within an area served by **Northland PACE**

It's important to note all **PACE** participants meet the standard minimum criteria for admission to a skilled nursing facility. Our intervention allows them to maintain a better quality of life by remaining in their own homes for a longer period of time. We help manage healthcare outcomes, thereby reducing hospitalizations, physician office visits, and the overall cost of long term care.

However, when needs do require additional services, PACE absorbs the costs without receiving additional compensation to cover them.



Why choose PACE ?

- **PACE** provides a full range of preventive, primary, acute and long term care services that enable seniors to live in their own homes as long as possible. PACE is able to provide services, such as dental care, not currently provided by Medicare. We also offer hospital and emergency services, prescription drugs, nurse on call 24/7, Adult Foster Care, Basic Care, Memory Care, Nursing Home and much, much more.
- **PACE** combines adult Day Centers, home care, care team, and transportation. Providers can respond to the unique needs of each individual served.
- **PACE** promotes a level of care & independence for seniors unmatched by any other current long term care option.
- **PACE** services are provided based on individualized care plans for each participant, and may change as needs change.

Cost Comparison

- The State of ND reports the average daily rate for a skilled nursing facility is \$259, which equates to \$7,878 per month and \$94,535 per year.
- The State currently reimburses **PACE** approximately \$5,100 per month for participants enrolled in Medicaid. This equates to approximately \$61,200 per year.
- **PACE** provides a cost savings to the State of approximately \$33,335 per year for each participant enrolled in Medicaid (compared to participant being in a skilled nursing facility).
- **PACE** currently has 17 participants enrolled in Medicaid who are in skilled nursing facilities. This equates to \$566,695 in savings to the State of ND per year (if the state were paying the full skilled nursing facility average cost).



Savings to the State of ND

- **Northland PACE** currently serves 147 people in ND. We estimate 70% of these participants would be placed in Skilled Nursing Facilities if they did not receive **PACE** services. Medicaid reimburses PACE an average of \$5,100 per member per month for those participants that are Medicaid eligible (about 95%). Medicaid reimburses skilled nursing facilities an average of \$7,878 per member per month for those participants that are Medicaid eligible.
 - **Medicaid Payments to PACE** 149 Participants * 70% Estimated Placement = 103
103 Participants * 95% Medicaid Eligible * \$5,100 = **\$499,035 Monthly**
 - **Medicaid Payments to SNF** 147 Participants * 70% Estimated Placement = 103
103 Participants * 95% Medicaid Eligible * \$7,878 = **\$772,044.00 Monthly**
- This equates to a savings of \$273,009 per month or \$3.276 million per year.**
- **This does not include any hospitalizations, nursing home stays, surgeries, or other additional medical expenses paid for and absorbed by PACE.**



Our Participants are saying....

Don says, "I know things are taken care of... I don't have to worry and I don't need to burden my family while a participant of **PACE**. **PACE** is a good fit for my life."

Don's daughter, Ann, says, "I can be a daughter again and not worry about being the doctor, the nurse, and the transportation.... and **PACE** keeps my father from worrying."

Donna says, "The nurses are awesome! They know what they are doing. They help me out a lot. When my knee is hurting they come over and give me medicine. When I fell one time, they put stuff on my head that helped. I'm glad I have a nurse to help me out with my blood sugars. The most important thing **PACE** does for me is to remind me to take my medicine, to check my blood sugars, and to eat."

Clarine says, "I like coming to the Day Center to play BINGO on Tuesdays and Fridays. I also like the meals I get at the Day Center. The most important thing **PACE** does for me is helping me manage my appointments."



The Future of PACE in ND

Northland Healthcare Alliance gets requests from communities all over ND to bring our wonderful **PACE** services to their areas.

There was some confusion during the last legislative session regarding PACE. As a result, there was a restriction placed on PACE programs. No expansion into other communities is possible.

This is a critical alternative option for North Dakota's Seniors.

Our ask to the legislature is to support expansion and funding of PACE and remove the restriction placed on expansion. It provides important choices for the Elderly and it is a cost effective alternative for the State of North Dakota.



■ For More Information:

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