



Grand Forks, ND

## Human Services Committee

Tuesday and Wednesday, May 10-11, 2016

May 10, 2016

Dear Chair Hogan and Members of the Interim Human Services Committee,

It is indeed our pleasure to host your May 10-11 meetings in Grand Forks. Welcome to our community!

We appreciate the openness and accessibility of our North Dakota Legislators. It is a hallmark of how we do things in this great state. Specifically, we appreciate Chair Hogan calling this meeting to be located in Grand Forks, Legislative Council for being such a wonderful planning partner, and all of you for taking the time and making the effort to join us in our community. It is a both an honor and a pleasure.

By way of introduction, please let us describe a little bit about "Team Grand Forks – Human Services", people and organizations who have been working hard in advance of this meeting to ensure it is productive for you and assists with your directed responsibilities. Team GF – Human Services is a collaboration of community-wide organizations ranging from city, county and school government to health care organizations and non-profit services providers.

Our mission is to ensure a collaborative discussion and work around community-wide needs and opportunities, to develop community-wide priorities in the areas of Human Services, and to provide clear and consistent communication about these needs, opportunities and priorities.

You'll find the presentations and tours that have been prepared will underscore not only the collaborative nature of our community partners but will effectively underscore the above mission.

Please remember we have worked with the planners of the "Deadly Dose" community panel on the opioid crisis to host a reception for you at 5:30 pm Tuesday, May 10, at the Empire Arts Center.

Also, please note in the attached information that there are directions to your meeting location in the Grand Forks County Office Building, a parking pass to be printed out and displayed in your windshield, a preview of the three tours available, and a listing of some fantastic downtown Grand Forks/East Grand Forks restaurants for your convenience.

Thank you again for all you are doing for North Dakota, our residents and for those specifically affected by, dependent on and providing Human Services across the state.

Sincerely,

Cynthia Pic, Co-Chair, Team GF – Human Services  
Grand Forks County Commission

Bret Weber, Co-Chair, Team GF Human Services  
Grand Forks City Council



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### Welcome To Grand Forks!

#### Meeting location:

Grand Forks County Office Building, 151 S. 4<sup>th</sup> St.;

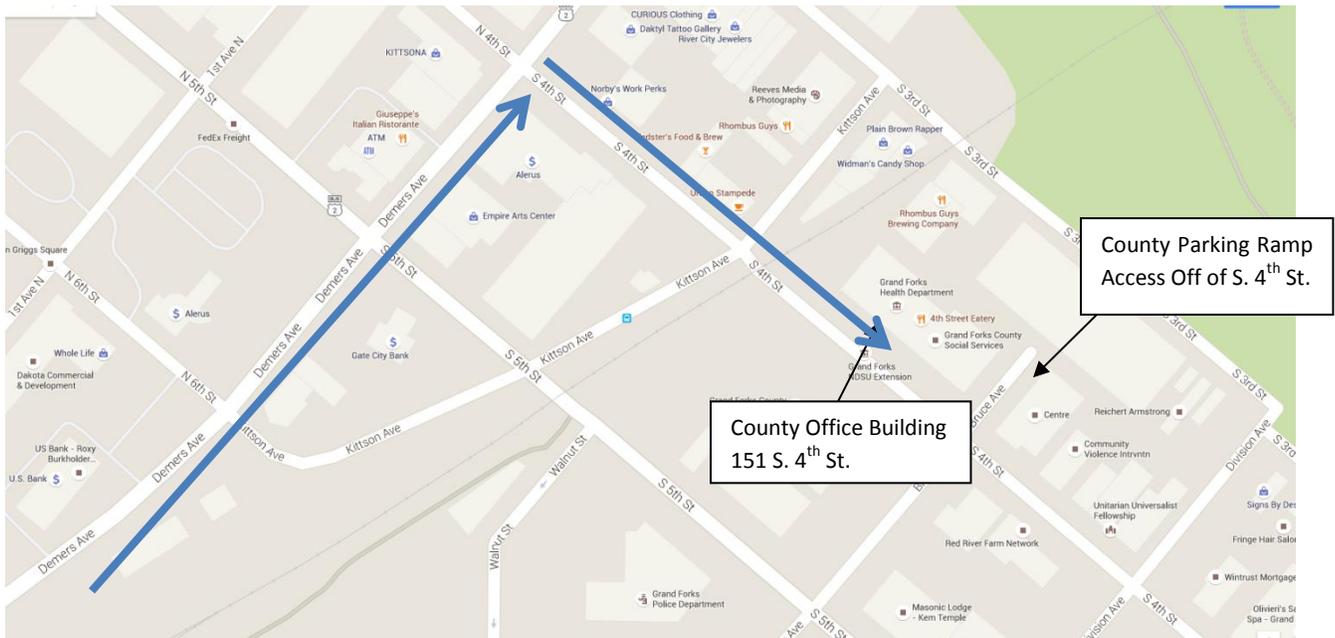
#### Driving Directions from I-29:

From I-29, take the DeMers Avenue Exit, Exit 140. Proceed approximately 3 miles east on DeMers Avenue to S. 4<sup>th</sup> St. and turn LEFT. Proceed along S. 4<sup>th</sup> St. for two blocks and the Grand Forks County Office Building will be on your left.

#### Parking:

*Please place a printed 'parking permit' (attached) in windshield.*

Park in '2-hour' spaces on the street outside the County Office Building OR in '2-hour' spaces in the parking ramp directly to the East of the County Office Building.



*Downtown Grand Forks*

#### Lunch:

May 10: Lunch will be provided in the Memorial Room, following the tours (12:30 p.m.).

May 11: Please enjoy a lunch on your own (List of Downtown sites attached.)



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# Tour 1

Mobile Tour



## Prairie Harvest

Prairie Harvest Mental Health (PHMH) was established in 1991 to provide housing and mental health wellness and recovery services for adults with serious mental illness. PHMH's mission is to promote independence and an enhanced quality of life for adults with serious mental illness. 59 employees provide supportive services to 118 (unduplicated) individuals. Services are delivered throughout the community as well as in the 42 units of permanent supportive housing that are owned by PHMH.



## Development Homes Inc.

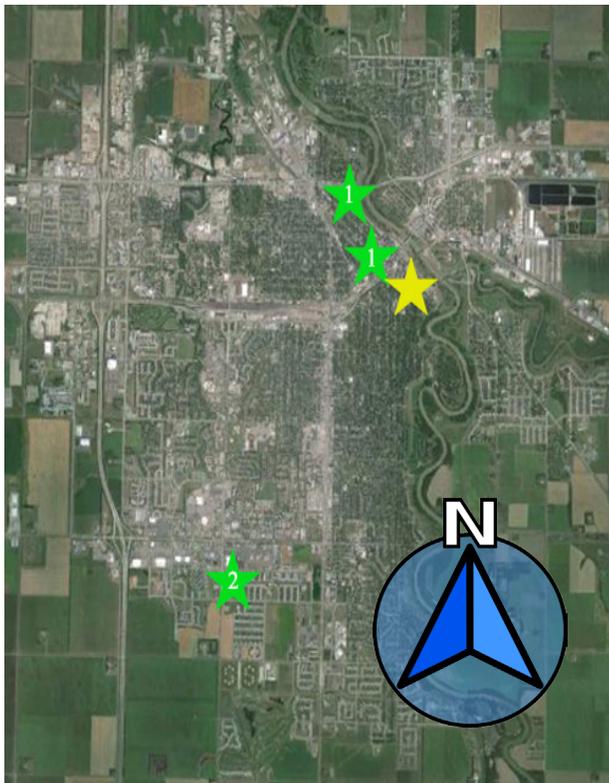


Development Homes, Inc. was established in 1974 to provide out-of-home care for children with intellectual and physical disabilities. The mission expanded in the 80's to provide services for people with disabilities of all ages that enable them to live and work in the community. DHI's 484 Grand Forks staff members served 189 (161 unduplicated) individuals in 2015.



## Northeast Human Service Center

Grand Forks County Office Building



Northeast Human Service Center (NEHSC) offers programs designed to improve the quality of life for individuals with an emotional crisis, disabling condition, or inability to protect themselves. We provide direct services to individuals through Clinical therapeutic Services, Psychiatric Services, Child Welfare Services, Ruth Meier's Adolescent Center, Alcohol and Drug Services, Developmental Disabilities, Extended Services, Vocational Rehab and Aging Services. NEHSC has sites in Grand Forks, Grafton, and Cavalier. NEHSC has 138.5 FTEs. In 2015 we served approximately 3,479 clients. This included 119,630 clinical appointments.

**(Northeast Human Service Center will be seen at 12:15 pm on all tours)**



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# Tour 2

Walking Tour



## Community Violence Intervention Center (CVIC)

The Community Violence Intervention Center (CVIC) serves as a catalyst offering energy, momentum and vision toward ending local violence. Initiated in 1980, CVIC serves 15,000+ people a year: direct services to 3,100 unduplicated adults/children impacted by domestic and sexual violence, bullying and other violence, and education/training to 12,800 adults/children.



## 3rd St. Clinic/Inspire Pharmacy

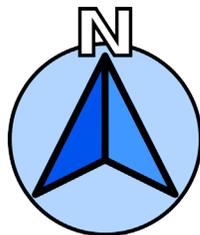


Founded in 1989, Third Street Clinic (TSC), Inspire Pharmacy (founded in 2016), and their 6 employees seek to improve the health and wellbeing of underserved residents by partnering with the greater Grand Forks community as a resource for timely access to healthcare, medicine, and other vital services. In 2015 they served over 1,500 clients with 758 unduplicated, assisting 152 with dental services, 135 with vision, and filling nearly 2,000 prescriptions.



## Valley Community Health Centers

Founded in 2004, Valley Community Health Centers (VCHC) is a not-for-profit Federally Qualified Community Health Center (FQHC) that provides high quality and affordable primary care, behavioral health and dental care. A sliding fee discount on clinic services is available for income-eligible individuals and families at VCHC's medical clinic in Larimore, ND and their medical and dental clinic in the City of Grand Forks. VCHC employs forty-five professional positions.



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# Tour 3

*Walking Tour*



## Centre, Inc.

Centre, Inc. is a nonprofit formed in the 1970's to assist public agencies in providing community-based treatment services, establish halfway houses, and provide a cost-effective rehabilitative program as well as an adjunct to parole and probation supervision. Centre Inc's mission is to provide rehabilitative services to individuals to achieve social re-integration. Their role is to offer specialized programs that can effectively monitor and house individuals outside of institutions, jails, and prisons.



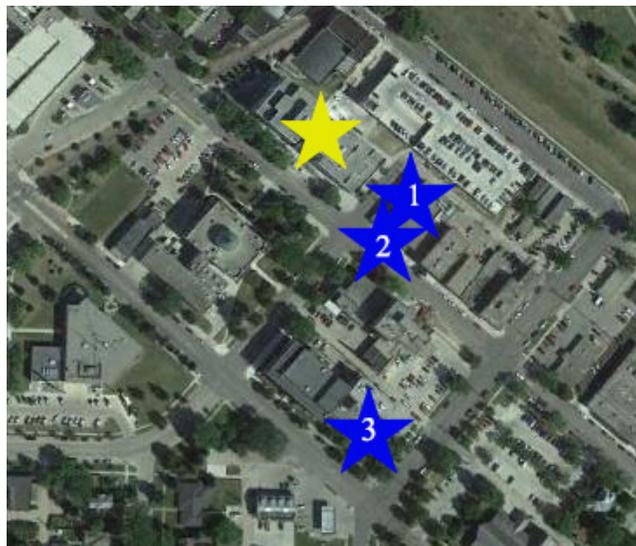
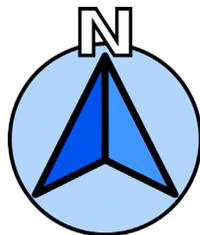
## GF Public Health Department - Social Detox

The Grand Forks Public Health Department is committed to promoting healthy environments and lifestyles, preventing disease, building community resilience through preparedness and assuring access to health services. Our staff of 30 public health professionals are involved in community boards and coalitions that align with the vision of "Healthy people, healthy environments, healthy community."



## Northlands Rescue Mission

Northlands Rescue Mission (NRM) was founded in 1942 and is a Christian-based nonprofit shelter for adult men and women. NRM offers meals, clothing, shelter, and case management in a safe environment. In 2015 NRM provided beds for 574 (unduplicated) adults, served more than 350 meals a day, and sent home more than 600 "weekend meals" for school children in need.



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### **Various Groups Addressing Behavioral Health Needs in Grand Forks and East Grand Forks**

Behavioral health is a general term that encompasses the promotion of emotional health; the prevention of mental illnesses and substance use disorders; and treatments and services for mental and/or substance use disorders. (SAMHSA, retrieved from <http://beta.samhsa.gov/grants/grants-glossary>.) This list does not include behavioral health service providers.

#### **Alliance for Healthcare Access**

The Alliance for Healthcare Access was formed in 2010 for the purpose of increasing access to primary care for residents of the region. After working to establish a site for Valley Community Health Centers to operate in Grand Forks, the group is now turning its attention to improving access to behavioral health services. The Alliance supported a resolution presented to area lawmakers during the 2015 session to improve access to behavioral health services, treatment and increasing the workforce through adoption of many bills that were presented during the session.

#### **Altru Opioid Committee**

An inter-disciplinary team comprised of Altru leaders and physicians that seek to identify and reduce increased prescription drug abuse. Altru Health System has been active in revising policies and procedures internally to address the prescription drug abuse issue. Education and resources have been provided to Altru physicians to assist in managing the prescription drug/medication practicing patterns. Altru has partnered with the Grand Forks County Sheriff's Department to create awareness within the community through its "Drug-Take Back" events.

#### **Campus and Community Committee on High Risk Alcohol Use (CCC)**

Partnership established in 2014 by the President of UND and the Mayor of Grand Forks to assist in creating a community and campus culture that supports responsible, low-risk alcohol use. The CCC has pledged to utilize best practices along with policy, systems and environmental changes to address the issues surrounding high-risk alcohol use in the community. The CCC, in collaboration with the Substance Abuse Prevention Coalition has utilized SPF-SIG funding to propel public education campaigns forward that are focused on curbing both high-risk drinking and underage drinking. The CCC has also successfully collaborated with the Grand Forks City Council to pass policies related to social hosting and extreme drink specials.

#### **Community Coordination Committee on Mental Health**

A community coalition of health care providers, law enforcement, court system and human service providers who meet quarterly to problem solve community issues around mental health. The coalition also serves as a community platform to keep community stakeholders updated on mental health initiatives.



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### **Community Health Assessment (CHA) Advisory Committee**

Altru conducted a Community Health Need Assessment in 2013 that drew from a wide-range of community stakeholders to identify the most pressing health needs in our community. Out of the top five priorities, access to mental health services was rated #2 and binge and excessive drinking was rated #3 in importance. The Advisory Committee has been expanded in 2016 to review data and conduct focus group interviews to update the Community Health Assessment. This work is a collaboration between Altru, the Grand Forks Public Health Dept. and the University of North Dakota Master of Public Health Program.

### **Grand Forks Substance Abuse Prevention Coalition (SAPC)**

Community-based coalition comprised of many key individuals and agencies including: Altru, UND, GF Public Schools, GF Youth Commission, GF Police Department, GF Public Health department and others, that have come together to reignite the mission of a group formerly known as "The Answer." SAPC holds monthly meetings with the goal of reducing substance abuse by building community capacity and supporting and/or initiating substance abuse prevention interventions. The Grand Forks Public Health Department was awarded the Strategic Prevention Framework Special Initiative Grant (SPF - SIG) in and subcontracts this funding to Altru to carry out the activities through the Substance Abuse Prevention Coalition.

### **Healthy UND Coalition**

The coalition is made up of over 200 UND students, faculty, and staff who work in partnership to promote healthy lifestyle choices by enhancing awareness, building skills, changing social norms, and creating a healthier environment. Healthy UND's overarching principle is to emphasize all seven dimensions of wellness including: physical, emotional, social, spiritual, occupational, intellectual, and environmental. Healthy UND 2020 priorities include alcohol and other drug use/abuse, mental health, nutrition, physical activity, and healthy relationships/social skills. Ongoing Healthy UND priorities include tobacco prevention, support for the Wellness Living Learning Community, Diversity, and Worksite Wellness.

### **Healthy UND Commission on Student Use of Alcohol and Other Drugs (AOD)**

The Commission guides and coordinates UND's efforts to reduce negative consequences associated with high-risk alcohol and other drugs use among students through a comprehensive approach that involves individual and environmental strategies. Duties and responsibilities include regularly reviewing data to identify patterns and trends in student behavior; developing, implementing, and evaluating a long-range strategic plan that aims to address student behaviors related to alcohol and other drug use and is based on evidence-informed practices; conducting a review of the UND's alcohol and other drug programs every other year to determine their effectiveness; and providing input on the biennial report to the Department of Education.



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### **Non-Profit Business Alliance**

The Nonprofit Business Alliance was established in April 2012 to promote collaboration and advocacy within the non-profit community in Grand Forks. The NPBA is dedicated to informing, engaging, educating and building partnerships with business, government, policymakers and citizens. NPBA will provide information on critical issues and opportunities facing our community as part of an effort to create solutions which will result in a better quality of life for all. The Nonprofit Business Alliance envisions a community where all citizens are valued, quality of life is supported, and the nonprofit businesses providing services are equal partners in community decision making, viewed as a trusted resource and knowledgeable advocate for the needs of the people of greater Grand Forks.

### **Prescription and Synthetic Drug Abuse Community Committee**

This group was initially convened by law enforcement in response to a significant number of overdoses and deaths resulting from synthetic drugs in the community. Seeking a more long term and coordinated approach to this problem, Altru Health System received a United Way grant to convene series of meetings with community partners to determine next action steps and potential policy initiatives. The communications subcommittee of this group produced educational messages targeted to the school aged and young adult population on the dangers of synthetic drugs and a documentary film for the public. The data subcommittee is finalizing a report that demonstrates the impact of the problem on the community and a treatment subcommittee is exploring solutions to expanding treatment.

### **Safer Tomorrows**

Safer Tomorrows is one of eight projects in the nation to be awarded a grant from the U.S. Department of Justice Defending Childhood Initiative to address child exposure to all forms of violence in Grand Forks County. More than 40 organizations, public and private, urban and rural, secular and faith based, are collaborating to make children's lives safer. The project works closely with schools on violence prevention efforts and offers in-school interventions, as well as evidenced-based therapies proven to be effective for addressing trauma such as domestic and dating violence, sexual assault and bullying that are available free of charge through Community Violence Intervention Center.

### **Social Detox Task Force**

Several groups and community stakeholders have been working to establish a social detox for 10 or more years without success. The Grand Forks City Administrator convened a small working group to revive this effort. The committee has been meeting regularly during the past three years, under the leadership of Northeast Human Service Center. With support from Community Development Block Grant Funds and contributions from Altru and Northeast Human Services, space has been renovated at 201 South 4<sup>th</sup> Street for use as a social detox in Grand Forks. Requests for proposals were unsuccessful in securing a service provider. Grand Forks Public Health Dept. is exploring the feasibility of operating detox services in the newly renovated space while continuing to seek a service provider with this expertise.



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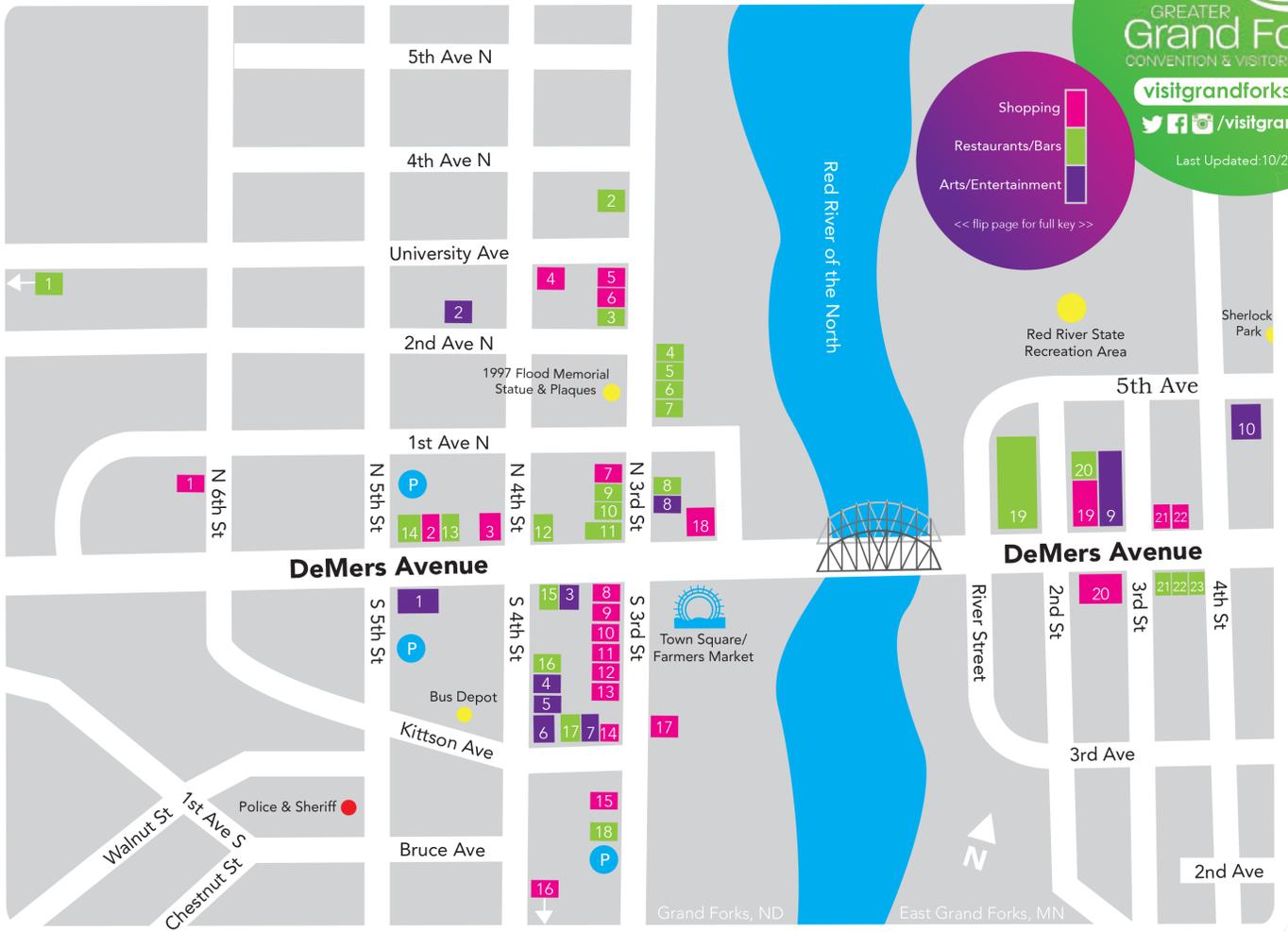
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## Downtown Greater Grand Forks Map

Map created by:

visitgrandforks.com  
 @visitgrandforks /visitgrandforks  
 Last Updated: 10/2015



- | Shopping                               | Restaurants/Bars                       | Arts/Entertainment            |
|--|--|-------------------------------|
| 1 Whole Life                           | 1 Red Pepper / 1011 University Ave     | 1 Empire Arts Center          |
| 2 Living Sage                          | 2 Kelly's Bar 21+                      | - UND Art Gallery             |
| 3 Kittsona                             | 3 The Hub Bar 21+                      | 2 Fire Hall Theatre           |
| 4 Adley Anne's Baby Maternity Boutique | 4 Toasted Frog 21+                     | 3 Daktyl Tattoo Gallery       |
| 5 JDM Jewelers                         | 5 Joe Black's Bar & Grill 21+          | 4 Browning Arts Studio        |
| 6 Generations Salon & Spa              | 6 Helix Wine Bar & Bites 21+           | 5 You are Here Art Gallery    |
| 7 Velkommen                            | 7 Shing Ya                             | 6 Urban Stampede Coffee House |
| 8 Waterfront Kitchen & Bath            | 8 Level 10 21+                         | 7 Third Street Gallery        |
| 9 RH Standard                          | + O'Really's Irish Pub 21+             | 8 The Ember                   |
| 10 True Colors                         | 9 Dakota Harvest Bakers                | 9 Riverwalk Center            |
| 11 CURIOUS Clothing                    | 10 Brick & Barley Bar & Restaurant 21+ | - Riverwalk Artists Gallery   |
| 12 River City Jewelers                 | 11 The Loft Bar & Grill 21+            | - River Cinema 15             |
| 13 Badman Designs                      | 12 Sky's                               | 10 EGF Campbell Library       |
| 14 Kittsona Lifestyle                  | 13 Giuseppe's Italian                  |                               |
| 15 Widman's Candy Shop                 | 14 Bonzer's Sandwich Pub 21+           |                               |
| 16 Olivieri's Salon & Spa              | 15 Subway                              |                               |
| 17 Avant Hair & Skincare Studio        | 16 Sledster's Bar & Grill 21+          |                               |
| 18 Amazing Grains                      | 17 Rhombus Guys Pizza                  |                               |
| 19 Riverwalk Center                    | 18 Rhombus Guys Brewing Company        |                               |
| - TNT Outfitters                       | 19 Boardwalk                           |                               |
| - Knick Knack Paddywacks               | - Blue Moose Bar & Grill               |                               |
| - D'laj Salon & Spa                    | - Boardwalk Bar & Grill 21+            |                               |
| - Two-Twenty "Bling" Boutique          | - River Deck 21+                       |                               |
| - Quilters Eden                        | - Little Bangkok                       |                               |
| - Signature Jewelers                   | - Mike's Pizza & Pub                   |                               |
| - Majestic Shoes                       | - Whitey's Cafe                        |                               |
| 20 Cabela's                            | 20 Mamma Maria's Italian               |                               |
| 21 Glamorous Re-Runs                   | 21 Tao Garden                          |                               |
| 22 Consignment Boutique                | 22 Now or Never Nutrition              |                               |
| 23 Q.W. Massage & Spa                  | 23 VFW Post 3817                       |                               |