

NDSU NORTH DAKOTA
STATE UNIVERSITY

Identifying Gaps in Family Caregiver Supports and Services Study

STUDENT FOCUSED • LAND GRANT • RESEARCH UNIVERSITY

NDSU Investigative Team

Jane Strommen, Ph.D.

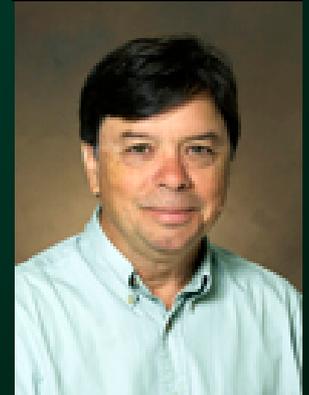
- Extension Gerontology Specialist
- Expertise: Rural Aging and Caregiving

Heather Fuller, Ph.D.

- Assistant Professor of Human Development and Family Science
- Expertise: Aging and Social Engagement

Greg Sanders, Ph.D.

- Associate Dean of the College of Human Development and Education
- Expertise: Aging and Family



Previous Related Projects

- Sanders, G.** (2002-03). *National Family Caregiver Support Program for North Dakota*. US DHHS/Admin on Aging/ND Dept. of Human Services. **\$289,630**
- Sanders, G.**, Bratteli, M., Fitzgerald, M., Chromy, B., & **Fuller, H.** (2006 - 2012). *Mental Health and Aging Education*. Department of Human Services - Mental Health and Substance Abuse Division. **\$214,391.**
- Fuller, H.R.** & O'Connor, M.L. (2013). *Aging in Place in Rural Areas: A Focus on Support Needs, Caregiving Decisions, and Well-being*. Great Plains IDEA Human Sciences Research Grant. **\$15,000.**
- Garden-Robinson, J., & **Strommen, J.** (2013). *Nourishing Boomers and Beyond: Improving the Health Behaviors of Adults Living in Rural North Dakota*. NIFA Rural Health & Safety Education Grant, **\$196,205.**
- Strommen, J.** (2014). *Circles of Aging Project*. North Dakota Department of Human Services, Division of Aging Services, **\$90,000.**

What we bring to the table

- Faculty expertise in:
 - caregiving and aging
 - research methods (survey methodology, interviews/focus groups, data analysis)
 - experience in outreach across the state of North Dakota, including existing connections to numerous stakeholders
 - experience in developing/delivering services
- Graduate and Undergraduate students
- University resources (e.g., Qualtrics data collection program, space, computers, technology, etc.)

NDSU proposal

Aim 1: To identify current caregiving resources in North Dakota

- Create database of
 - a) informal community supports
 - b) private community supports
 - c) governmental supports
- Categories will include: information/referral, education, advocacy, respite care, care management, direct service provision, etc.
- Conducted by graduate students

NDSU proposal

Aim 2: To identify barriers and challenges

- Phase A. Family caregivers
 - Partner with AARP-ND who is conducting listening groups across ND and online survey of caregivers
 - Access caregiver data from NDSU studies conducted in 2002 (Rathge) and 2013 (Fuller & O'Connor)
- Phase B. Stakeholders
 - Identify stakeholders across state
 - Online survey using Qualitrics

NDSU proposal

Aim 3: Identify best practices &

Aim 4: Identify emerging practices

- Review scientific literature and relevant websites (i.e., NIA, AoA, AARP, National Caregiver Alliance, etc.) to identify successful models nationally and internationally
- Analyze key themes to identify best practices and new promising practices
- Conducted by students, supervised by faculty

Project Outcome

Aim 5: Provide recommendations

- Synthesize information gathered in Aims 1-4
- Write final report identifying conclusions
- Recommendations for best practices for community and technology supports, policy needs, and top priorities for family caregiver supports and services.

Proposed Timeline

Task	2015			2016				
	10	11	12	1	2	3	4	5
Aim 2. AARP-ND caregiver listening groups and surveys conducted	X	X						
Estimated start of project			X					
Recruit graduate and undergraduate students			X					
Aim 1. Create database of current systems of caregiving			X	X	X			
Aim 2. Develop stakeholder survey, secure IRB approval, identify/recruit stakeholders, conduct survey			X	X	X	X		
Aim 2. Transcribe focus groups/interviews				X	X			
Aim 2. Analyze data						X	X	
Aim 3. Identify best practices			X	X	X			
Aim 4. Identify emerging practices			X	X	X			
Aim 5. Synthesize findings and write final report						X	X	X

Proposed Budget

Personnel

Total = \$14,905

- Graduate Student Stipends - \$13,905
- Transcriptionist - \$1000
- No-cost: Faculty researchers, policy consultant, undergraduate interns

Project costs

Total = \$2,336

- Travel to Bismarck – \$1,143
- Printing - \$193
- Graphic design - \$1000
- No-cost: Data collection (Qualtrics), phone, office space

Indirect Costs (NDSU Rate of 45%)

Total = \$7,758

Conclusion

- Thank you for your consideration
- We welcome your questions!