

01/06/2014

Good morning, Chairman Lee and members of the Health Services Committee.

My name is Barbara Frydenlund and I am the Administrator/Director of Nursing for Rolette County Public Health District. I would like to take this opportunity to provide you with some additional comments and emphasize the collaborative efforts in the field of Tobacco Prevention within Rolette County. Please refer to my previous testimony from October 2013.

Rolette County Public Health has specifically concentrated on addressing tobacco prevention through community and school policy change. Our program implements CDC recommended Tobacco Prevention Best Practices. The unique cultural diversity within Rolette County enables Rolette County Public Health District the opportunity to provide services to multiples ethnicities. The following is a sampling of accomplishments and activities orchestrated through Rolette County Public Health District:

- Ask, Advise, Refer (AAR) education to 100% of the medical client based entities operating within Rolette County. These client based entities include dental, vision, chiropractic, dialysis, home health services in addition to the traditional medical services such as hospitals and medical clinics.
- Ask, Advise, Refer (AAR) education for nursing staff at Indian Health Service staff at Quentin Burdick Memorial Hospital/clinic/field health.
- School Policy:
 - **Passed** Comprehensive Tobacco Prevention School Policy at 3 out of 4 public schools located on state land. Technical support is being offered to the remaining school administration/board which has not passed comprehensive tobacco prevention policy.
 - **Passed** Comprehensive Tobacco Prevention School Policy at 2 of the 4 schools located within the reservation. Technical support is being provided to the 2 schools which have yet to adopt comprehensive tobacco prevention policy.
- Multi Unit Housing Smoke Free Policy assessments of ALL Multi Unit Housing structures within Rolette County including those located within the Turtle Mountain Reservation.
- Promotion of ND Quits, benefits of increased tobacco excise tax, addition of tobacco user fee for tobacco products sold on the Turtle Mountain Reservation, hazards of secondhand smoke exposure, benefits of smoke free environments at community events such as trade shows, school parent's night etc.
- Coordination of Wellness and Tobacco Free Coalitions in Rolla and Rolette.
- Participation in Turtle Mountain Tobacco Prevention Coalition-Belcourt.
- Participation in Safety Clan Coalition-Belcourt.
- Technical Support to Turtle Mountain Community College regarding enhancement of the current smoke free building policy.
- Dissemination of ND Quits information to Tribal WIC clients

- Ask, Advise, Refer (AAR) assessment and dissemination of ND Quits materials and referrals to clients participating in Rolette County Public Health District coordinated community influenza immunization clinics including those held at tribal businesses and schools within Turtle Mountain Reservation
- All Rolette County Public Health District programming is available to ALL residents of Rolette County

To increase effectiveness of the tobacco prevention and control programming it is imperative that there be:

1. A coordinated effort by tribal and non-tribal tobacco prevention program coordinators to establish CDC best practice tobacco prevention work plans that are to be implemented throughout North Dakota to facilitate improved tobacco prevention outcomes.
2. Increased communication between all partners, including North Dakota Department of Health, The North Dakota Center for Tobacco Prevention and Control Policy, Local Public Health and Tribal Health Tobacco regarding tobacco prevention programs, activities and outcomes.

Thank you,

Barbara Frydenlund, RN
Rolette County Public Health District
Administrator/Director of Nursing
211 1st Ave. NE
PO Box 726
Rolla, ND 58367-0726