

ND Interim Human Services Committee
January 7, 2014

Chairman Damschen and members of the Human Services Interim Committee, I am Susan Rae Helgeland, Project Director of the ND Rural Behavioral Health Network (ND RBHN). I am here today to support the recent proposal submitted by ND RBHN to complete a study of behavioral health needs (substance use and mental health) of youth and adults.

The ND RBHN's vision, mission and goals fit well with the goal of the Interim Human Services Committee to study the behavioral health needs of adults and youth in ND. As demonstrated in the proposal, ND RBHN has already participated in a needs assessment and we look forward to expanding our efforts to meet the requirements of the request of the Interim Human Services Committee.

In my opinion, ND RBHN is clearly the best choice for you to make. We have "boots on the ground" and can obtain information needed for a needs assessment that no other entity can accomplish. Our resources are unique. We offer the collaboration with ND behavioral health entities that include public and private providers as well as consumers, family members, tribal communities and advocacy organizations. Through our efforts, we can accomplish the much needed information you need to make decisions to improve the delivery of behavioral health services in ND.

2014 ND Rural Behavioral Health Network Advisory
Council Members

American Foundation for Suicide Prevention--North Dakota
Badlands and West Central Human Services Centers
Community HealthCare Association of the Dakotas
Heartview Foundation
Howe Enterprises
Mercer County Sheriff's Office
National Association of Social Workers--ND
ND Consensus Council, Inc.
ND Consumer Family Network
ND Council on Abused Women's Services
ND Department of Agriculture
ND Department of Corrections and Rehabilitation
ND Department of Health
ND Department of Human Services, Division of Mental Health and
Substance Abuse
ND Department of Veteran's Affairs
ND Emergency Medical Services Association
ND Head Start Association
ND Hospital Association
ND Indian Affairs Commission
ND Mental Health America of North Dakota
ND National Guard
ND Protection and Advocacy Project
Northland Healthcare
Prairie Harvest
Prairie St. John's
Sanford Health, Bismarck
St. Aloisius Medical Center
St. James' of North Dakota, LLC
The Village Family Service Center
University of North Dakota, Center for Family Medicine



RBHN Mission: To improve access to behavioral healthcare and eliminate behavioral health disparities in rural and tribal communities.

**RBHN GOVERNANCE
COMMITTEE**

*Coal Country Community
Health Centers*

Essentia Health

*Mental Health America
of North Dakota*

MHA Nation

*North Dakota Area Health
Education Center*

*North Dakota Federation
of Families for Children's
Mental Health*

*Sakakawea Medical
Center*

December 13, 2013

North Dakota Legislative Management
Legislative Council
State Capitol
600 East Boulevard Avenue
Bismarck, ND 58505

Dear North Dakota Legislative Management:

As Project Director and Chair of the North Dakota Rural Behavioral Health Network of (ND RBHN), we strongly support that ND RBHN is in the position to successfully complete a study of behavioral health needs of youth and adults in North Dakota related to access, availability and delivery of behavioral health services by July 1, 2014. The final report, based on identifying and summarizing existing data plus facilitating town hall meetings to gather additional qualitative information, will address the identified objectives. We are a collaborative group that addresses the behavioral health needs of youth and adults.

ND RBHN is able to effectively and efficiently complete the statewide behavioral health needs assessment. We are networked to existing behavioral health resources in North Dakota that include: public and private institutions and providers; tribal communities and providers; advocacy organizations; ND Consumer and Family Network (CFN); Veterans groups; Head Start; ND Corrections and Rehabilitation (NDCR); etc.

Through our work we have developed an opportunity to be the venue for collaboration between individuals, entities and organizations who are interested in behavioral health issues, including mental health and substance abuse, to come together and share resources and information and plan for future services. The ND RBHN has already begun a behavioral health needs assessment for North Dakotans in rural and tribal communities. This project would allow the creation of a more comprehensive needs assessment for all North Dakotans.

ND RBHN is unique since we are becoming the administration and coordination entity for addressing collaboration of behavioral health services in our state. It would be a privilege to serve North Dakota by providing a comprehensive behavioral health needs assessment for the ND Human Services Interim Committee.

Sincerely,

Susan Rae Helgeland
Project Director, ND RBHN

Carlotta McCleary
Chair, ND RBHN

www.ndrbhn.org

Proposal for Behavioral Health Needs Assessment

North Dakota Rural Behavioral Health Network

Susan Helgeland, NDRBHN Project Director
January 7, 2014



Purpose of this Proposal

- ▶ to complete a study of behavioral health needs (substance abuse and mental health) of youth and adults in North Dakota regarding access, availability, and delivery of behavioral health services.



Development of the North Dakota Rural Behavioral Health Network (NDRBHN)

2007 Mandan, Hidatsa, and Arikara (MHA) Nation contacted MHAND regarding challenge of access to inpatient treatment.

2008 Behavioral Health Initiative (BHI) created, including Native American leaders, Republican and Democratic Legislators, MHAND representatives, consumers and business leaders.

2009 Bristol Meyers Squibb Foundation funded documentary, Resolana, Voice of the People.

2011 Received HRSA Network Development Grant.



Vision and Mission of NDRBHN

Vision: Rural, frontier and tribal residents of North Dakota have access to equitable and quality behavioral health services regardless of age, gender, race, culture, ethnicity, religion or income.

Mission: To improve access to behavioral health care and eliminate behavioral health disparities in rural and tribal communities.



Objectives of This Proposal

Objective 1. Engage stakeholders to identify sources of data, refine the needs assessment process, complete a plan with goals and objectives, and prioritize strategies.

Objective 2. Describe behavioral health needs of children and adults by region and state wide.

Objective 3. Identify available prevention, early intervention, and treatment services for youth and adults, by region.

Objective 4. Describe the adequacy of integration of the physical health care and behavioral health care systems.

Objective 5. Identify areas of treatment needing improvement (evidence based recovery).

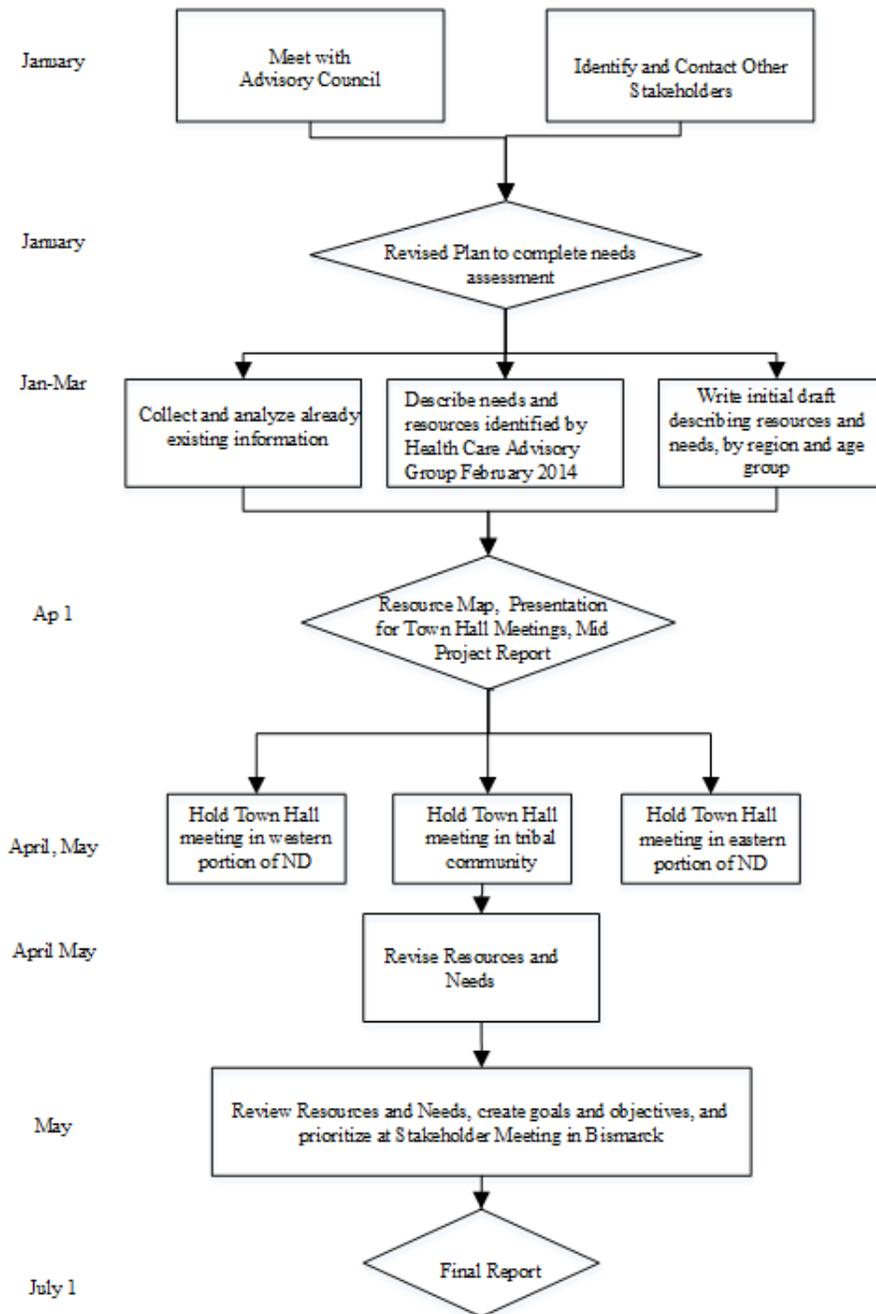
Objective 6. Develop a plan based on specific goals and objectives to improve behavioral health services in North Dakota.

Objective 7. Make recommendations to implement the plan.

Objective 8. Disseminate the needs assessment.



Strategy for Completing Needs Assessment



Alignment between the Needs Assessment and NDRBHN Mission and Activities

- ▶ Mission
- ▶ Behavioral Health Needs Assessment
- ▶ Advisory Council
- ▶ Budget



Thank You

