

Community of Care

Offices in Arthur & Casselton
www.communityofcarend.com

Serving rural Cass County

Our goal is to enhance the quality of life of rural Cass County residents in order to keep them in their homes & communities as long as safely possible.



One Stop Service

Centers

- Referrals
- Care Coordination
- Assistance with forms & paperwork
- Medicare Part D Drug Plan enrollment

Volunteer Program

- Transportation to medical appointments
- Minor Home Repair, Yard Work, Friendly visits

Faith Community Nurse

Program

- Preventative Care
- Health Counseling & Education
- Health Referrals and Resources
- Health Support Facilitator
- Exercise Programs

Education & Support

- Caregiver Support Group
- BeFriender program
- Resource Libraries
- Presentations

As the population in North Dakota ages, the need for services to keep seniors in their homes as long as safely possible continues to increase. Community of Care provides these services more cost effectively, while keeping people in their homes.

2012 Summary of Services

- 12,481 miles driven & 668 hours of service providing transportation – 99% for medical appointments
- 3,317 miles driven & 672 hours of service doing minor home repair, yard work for clients & by college interns/classes
- 9,764 miles & 416 hours of services provided by Board of Directors
- Economic impact of all volunteer work in 2012 is \$48,462.23
- 1,169 Client Service contacts
 - 11% new clients in 2012
 - Clients from 29 ND communities
 - 48% of clients served by One Stop Service Center

Special points of interest:

- Community of Care is a model on the forefront of care for rural North Dakota seniors
- This is a model that can be replicated in other counties in North Dakota
- Services provided help maintain a standard of living and limit outmigration of seniors
- Local residents support the program as volunteers & through financial support
- Services provided assist caregivers & adult children of aging parents

Community of Care 701/347-0032
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COMMUNITY OF CARE RURAL CASS COUNTY

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North Dakota Residents over 65

- 100,746 residents 65 and older live in North Dakota (source: 2012 census estimate)
- 2,697 residents 65 and older live in rural Cass County (source: 2011 census estimate)

Nursing Home Statistics

- The 2013 annual average cost of a nursing home in North Dakota is:
 - **\$81,504 per year** Average cost of nursing home in North Dakota (source: ND DHS)
 - **\$12,759 per year** Average Social Security Benefit in North Dakota (source: AARP)
 - **\$68,745 per year** Average Cost of Private Pay or Medicaid Payment per nursing home resident (remaining after Social Security and personal care allowance)

2012 Summary of Community of Care Services

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- In one case, a client received rides to dialysis twice a week for a 29-month period. The average cost of a nursing home for 29 months is \$196,968

AGING IN PLACE

The ability to live in one's own home and community safely, independently, and comfortably, regardless of age, income, or ability level.

AGING IN PLACE requires:

- adequate health care
- adequate housing
- transportation
- social support and a supportive community
- Community of Care is assisting rural Cass seniors AGE IN PLACE

Homes in Rural Cass County

Many seniors in rural Cass County live in homes that are:

- Difficult to sell
- If they are able to sell, the proceeds will be depleted quickly in paying for an assisted living facility or nursing home
- A significant percentage of rural seniors are renters with no home equity
- Residents unable to pay for their care become part of the Medicaid roles

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**"Caring for people by partnering
with rural communities"**