



HEALTH CARE REFORM REVIEW COMMITTEE

Chairman Representative Keiser and Committee Members:

I am Cheryl Rising, FNP in Bismarck, ND. I am past president of the North Dakota Nurse Practitioner Association (NDNPA) and currently the State Representative to the American Association of Nurse Practitioners. I am here today as the legislative liaison for the NDNPA.

I did email in some of the information to be presented today. As requested by Representative Keiser I am providing numbers of NPs in ND, where they work and the number of NPs in our Universities in ND. Please refer to the MAP. There are a total of 980 Advance Practice Registered Nurses in ND and 584 of those are NPs. The NPs are scattered throughout ND. The graphs that are provided show that NPs work in a variety of settings and practice areas. The family practice area has the majority of NPs at 192. The last part of the report summarizes how many NPs are at the Universities. Currently there are 231 NP students in ND.

I would also like to draw your attention to the National Governors Association paper on: The Role of Nurse Practitioners in Meeting Increasing Demand for Primary Care. The NGA did a review of literature and reviewed state rules governing NPs scope of practice. They found that regulations and policies governing the NP profession vary widely across states. Due to the growing need for primary care providers, they encouraged the states to ease their current scope of practice restrictions. I bring this to your attention because in ND we have accomplished this. In 2009, 2011 and 2013 changes in the law have allowed us to become a plenary state. Please see the attached MAP by the American Association of Nurse Practitioners (AANP). In 2009 we passed a law to allow NPs to be primary providers for Medicaid patients. In 2011 we deleted the requirement for collaborative agreement for APRNs to prescribe medications. In 2013 ND fully adopted the APRN Consensus Model proposed by the ND Board of Nursing.

The 2010 IOM report: The Future of Nursing Report suggested that state laws and regulations have failed to keep pace with advanced practice nursing's evolution over the past 40 year. So in an effort to modernize state regulations, an advisory committee assessed this issue and recommended the APRN Consensus Model in 2008. As stated above we fully implemented this in 2013.

In summary I highly recommend that we continue to create for the APRNs in ND an environment with decreased barriers. This will allow our APRNs to practice to the full extent of their scope of practice and this type of environment will help to recruit NPs to ND and help us to continue to reach out and deliver quality care to our residents in ND.

APRNs and NPs in ND

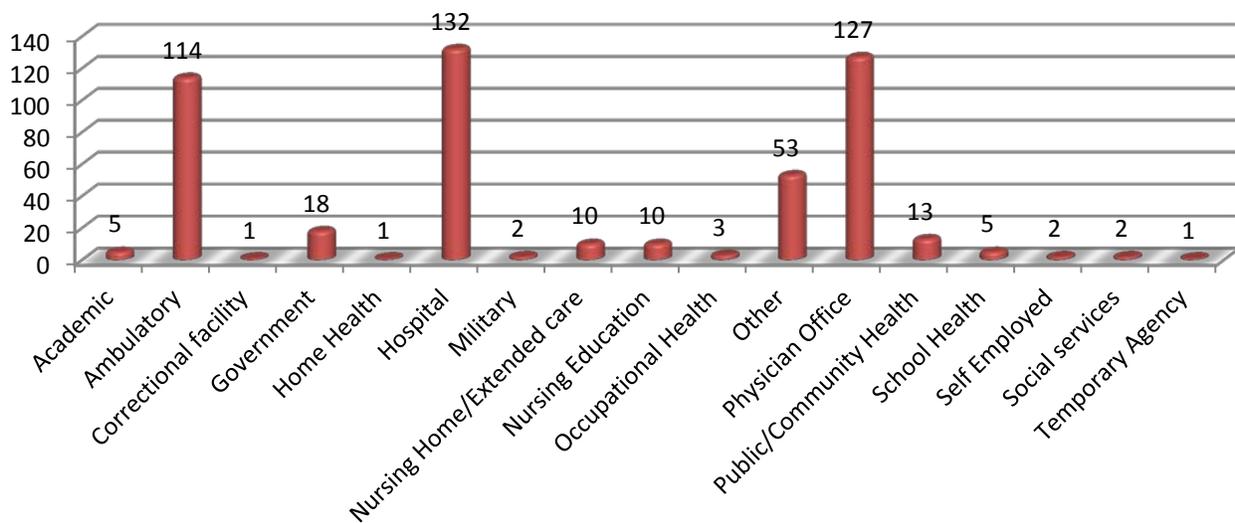
There are a total of 980 advanced practice registered nurses (APRNs) licensed in North Dakota. Of these, 584 are nurse practitioners (NPs), 329 certified registered nurse anesthetists (CRNAs), 46 clinical nurse specialists (CNS), 14 certified nurse midwives (CNMs), 4 CNS/NPs, and 1 CNM/NP. 595 APRNs have prescriptive authority.

Of the nurse practitioners practicing in North Dakota, 71.2% are practicing in the more urban cities of Bismarck, Fargo, Grand Forks and Minot with 38.8% practicing in more rural areas. Please see attached map.

Of the listed NPs, 455 identify ND as their primary state. There were 2 with AK, 3 AZ, 1 CA, 1 CO, 1 FL, 1 GA, 1 ID, 1 KS, **72 MN**, 5 MT, 1 NC, 1 NE, 2 NV, 1 OR, 2 PA, 1 RI, 1 SC, **11 SD**, 1 TN, 3 TX, 1 UT, 2 VA, 7 WA, 5 WI, 1 WY.

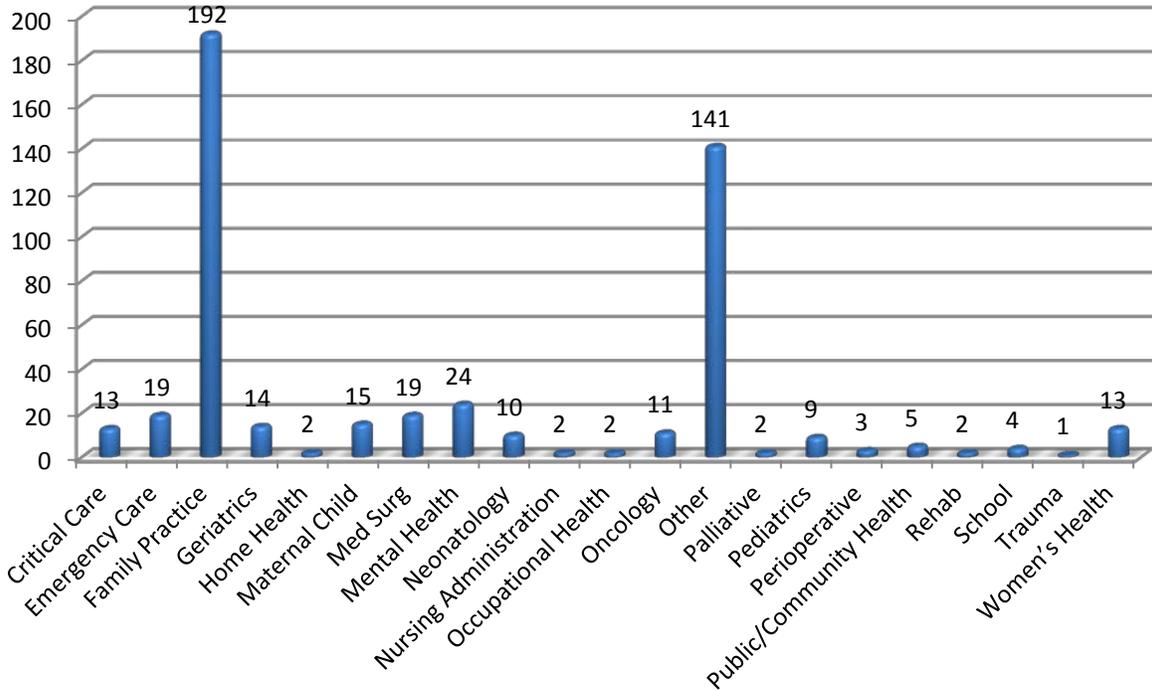
Of the nurse practitioners, 132 (26.5%), 127 (25.5%) and 114 (22.9%) indicated they practiced in the hospital, physician's office and ambulatory settings respectively. (See chart below)

2013 North Dakota Nurse Practitioners Practice Settings



One hundred ninety-two (192) or 38.2% of the nurse practitioners indicated their practice area was family practice with the remaining 61.8% being split amongst several other disciplines. Please see chart below.

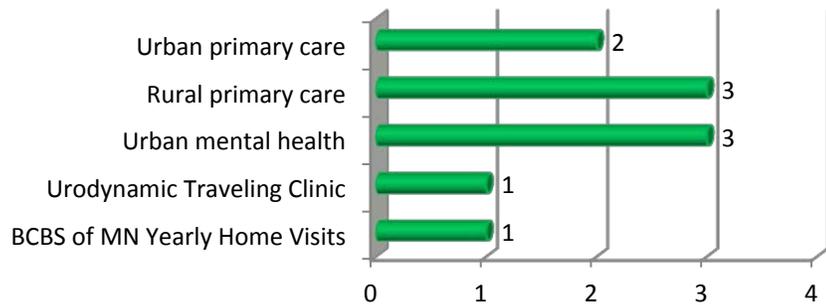
2013 North Dakota Nurse Practitioners Practice Area



Ten nurse practitioners in North Dakota indicated they are self-employed of which 50% indicated their practice was in primary care. Of those practicing in primary care 60% are located in rural North Dakota (Underwood,

Washburn, and Watford City. Two nurse practitioners have independent primary care practices in Bismarck. Thirty percent of the self-employed have independent practices for mental health located in Bismarck (2) and Minot (1). In

Independent Nurse Practitioner Contractors in North Dakota



addition, one has an urodynamic traveling clinic based out of Dickinson that can go statewide and one is

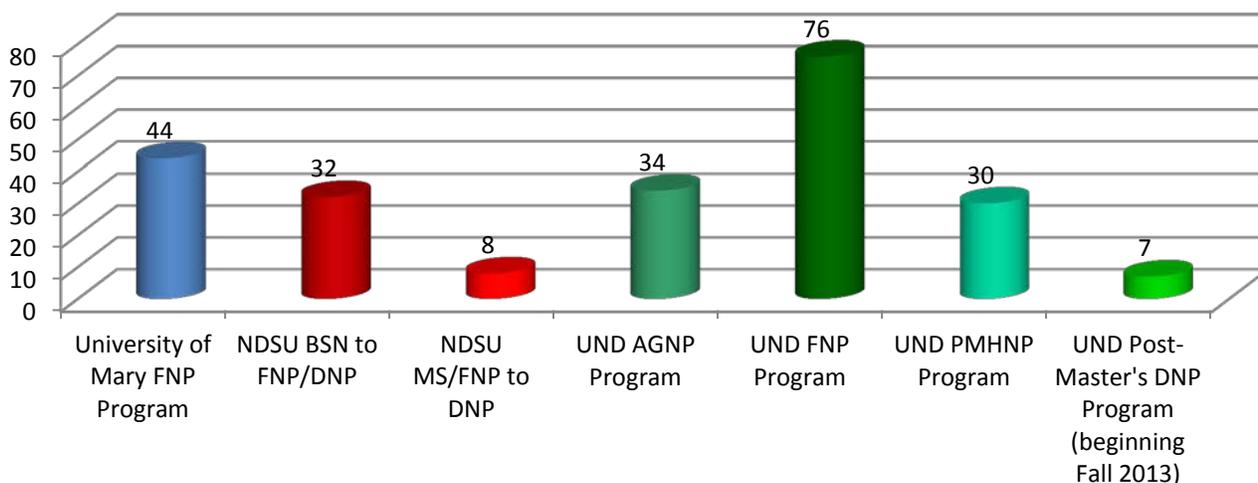
an independent contractor providing home visits throughout the state for Blue Cross Blue Shield of Minnesota.

Education:

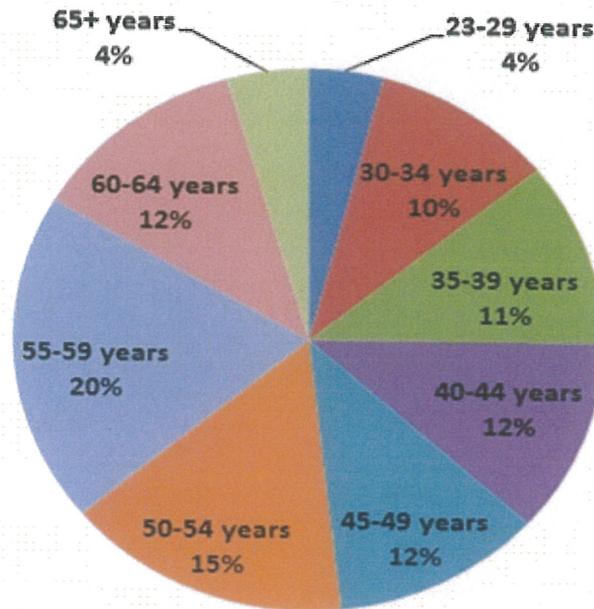
Three universities within North Dakota have nurse practitioner programs, North Dakota State University (NDSU), University of North Dakota (UND) and University of Mary (UofM) located in Fargo, Grand Forks and Bismarck respectively. NDSU currently has two doctor of nursing practice (DNP) programs, the BSN to FNP/DNP and the MSN/FNP to DNP program. The BSN to FNP/DNP program is an 86 credit, three-year including summers full-time program. The MSN/FNP to DNP program is a 36 credit post master's program that can be taken part-time. UND offers three master's level nurse practitioner programs (Adult Gerontological Nurse Practitioner Program (AGNP), the Family Nurse Practitioner (FNP) Program and the Psychiatric and Mental Health Nurse Practitioner (PMHNP) Program) and will begin its first Post-Master's DNP class Fall 2013. The master's programs are two-year full-time or three-year part-time programs consisting of 52 credits for the AGNP Program, 57 credits for the FNP Program and 57-59 credits for the PMHNP Program. The DNP program is a one-year full time or two year part-time 33 credit program. The U of M offers a Master's level, two-year FNP program that is offered over 5 semesters and consists of 53 credit hours. When the U of M's FNP program moves to a DNP degree, it will be an eight semester, 86 credit hour program.

Currently there are 231 nurse practitioner students in North Dakota including 44 at the U of Mary, 40 at NDSU and 147 at UND. These students are enrolled in either full-time or part-time programs and will be graduating in 2014, 2015 or 2016.

Current Enrollment as of August, 2013



Age Distribution of Actively Practicing Nurse Practitioners 2013 AANP National NP Census (Preliminary Data)



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AANP 2014 National Conference Call for Abstracts (Podiums and Posters)

AANP is currently accepting abstracts for the AANP 2014 National Conference scheduled June 18-22, 2014 in Nashville, TN. The conference will cover the full range of clinical specialties, practice settings and experiential levels. Major abstract categories include clinical/practice and research. Abstract selections will be based on the quality and clarity of the abstract and relevance to the contemporary NP practice environment. **The content described in the abstract must be appropriate for a 30-minute podium presentation (including question and answer period) or a poster presentation.**

Abstracts must be submitted online by Monday, September 9, 2013.

To learn more, go to the Call for Abstracts at <http://www.aanp.org/images/documents/conference/2014callforabstracts.pdf>

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Health Policy @ Work

GOVERNOR SIGNS NP LEGISLATION

Illinois's Governor Pat Quinn signed HB 1052 into law this week. This law makes changes to the written collaborative agreement. According to the Department of Financial and Professional Regulation (DFPR), this new law will change "the statutory relationship between physicians and APNs with whom they have collaborative agreements by prohibiting those agreements from restricting 1) the categories of patients an APN may treat 2) the third party payers or government health programs payment to an APN or PA and 3) the geographical area of practice within Illinois." Read the Illinois DFPR's press release [here](#). Other changes occurred relating to IL NP practice this year, and AANP IL members will be receiving an extended email update from the AANP Illinois state representative in the next few weeks.

MISSOURI CONSIDERS MEDICAID REFORMS

A governor appointed committee is considering how the state can better meet the health care needs of the state and reform the state's Medicaid program. AANP State Representative Kathy Haycraft serves as a governor appointee and recently spoke to the Hannibal Courier-Post. Read her interview [here](#).

CALIFORNIA SB 491

Senate Bill 491 is scheduled to be heard in the Assembly Appropriations Committee today. AANP will bring our members updates as this bill continues to evolve and be considered by the legislature. AANP members are encouraged to check their email for AANP's update that was shared earlier in the week.

HAVE YOU CHECKED TO SEE IF YOU ARE RECOGNIZED AS A PROVIDER IN THE INSURANCE EXCHANGE PROGRAMS IN YOUR STATE?

As you know, on October 1, 2013 uninsured patients will be able to start signing up for health care insurance in the newly formed Insurance Exchanges (Marketplaces) which will become effective January 1, 2014. This means that decisions currently are being