

Introduced by

Senators Holmberg, Armstrong, Myrdal

Representatives K. Koppelman, Vetter

1 A BILL for an Act to amend and reenact section 23-06.5-17 of the North Dakota Century Code,
2 relating to health care directives.

3 **BE IT ENACTED BY THE LEGISLATIVE ASSEMBLY OF NORTH DAKOTA:**

4 **SECTION 1. AMENDMENT.** Section 23-06.5-17 of the North Dakota Century Code is
5 amended and reenacted as follows:

6 **23-06.5-17. Optional health care directive form.**

7 The following is an optional form of a health care directive and is not a required form:

8 HEALTH CARE DIRECTIVE

9 I _____ , understand this document allows me to do ONE

10 OR ALL of the following:

11 PART I: Name another person (called the health care agent) to make health care decisions
12 for me if I am unable to make and communicate health care decisions for myself. My health
13 care agent must make health care decisions for me based on the instructions I provide in this
14 document (Part II), if any, the wishes I have made known to him or her, or my agent must act in
15 my best interest if I have not made my health care wishes known.

16 AND/OR

17 PART II: Give health care instructions to guide others making health care decisions for me.
18 If I have named a health care agent, these instructions are to be used by the agent. These
19 instructions may also be used by my health care providers, others assisting with my health care
20 and my family, in the event I cannot make and communicate decisions for myself.

21 AND/OR

22 PART III: Allows me to make an organ and tissue donation upon my death by signing a
23 document of anatomical gift.

24 PART I: APPOINTMENT OF HEALTH CARE AGENT

1 THIS IS WHO I WANT TO MAKE HEALTH CARE DECISIONS
2 FOR ME IF I AM UNABLE TO MAKE AND COMMUNICATE
3 HEALTH CARE DECISIONS FOR MYSELF

4 (I know I can change my agent or alternate agent at any time
5 and I know I do not have to appoint an agent or an alternate agent)

6 NOTE: If you appoint an agent, you should discuss this health care directive with your agent
7 and give your agent a copy. If you do not wish to appoint an agent, you may leave Part I blank
8 and go to Part II and/or Part III. None of the following may be designated as your agent: your
9 treating health care provider, a nonrelative employee of your treating health care provider, an
10 operator of a long-term care facility, or a nonrelative employee of a long-term care facility.

11 When I am unable to make and communicate health care decisions for myself, I trust and
12 appoint _____ to make health care decisions for me. This person
13 is called my health care agent.

14 Relationship of my health care agent to me: _____

15 Telephone number of my health care agent: _____

16 Address of my health care agent: _____

17 (OPTIONAL) APPOINTMENT OF ALTERNATE HEALTH CARE AGENT: If my
18 health care agent is not reasonably available, I trust and appoint _____
19 to be my health care agent instead.

20 Relationship of my alternate health care agent to me: _____

21 Telephone number of my alternate health care agent: _____

22 Address of my alternate health care agent: _____

23 THIS IS WHAT I WANT MY HEALTH CARE AGENT TO BE ABLE TO DO
24 IF I AM UNABLE TO MAKE AND COMMUNICATE HEALTH CARE DECISIONS
25 FOR MYSELF

26 (I know I can change these choices)

27 My health care agent is automatically given the powers listed below in (A) through (D). My
28 health care agent must follow my health care instructions in this document or any other
29 instructions I have given to my agent. If I have not given health care instructions, then my agent
30 must act in my best interest.

1 Whenever I am unable to make and communicate health care decisions for myself, my
2 health care agent has the power to:

3 (A) Make any health care decision for me. This includes the power to give, refuse, or
4 withdraw consent to any care, treatment, service, or procedures. This includes deciding whether
5 to stop or not start health care that is keeping me or might keep me alive and deciding about
6 mental health treatment.

7 (B) Choose my health care providers.

8 (C) Choose where I live and receive care and support when those choices relate to my
9 health care needs.

10 (D) Review my medical records and have the same rights that I would have to give my
11 medical records to other people.

12 If I DO NOT want my health care agent to have a power listed above in (A) through (D) OR
13 if I want to LIMIT any power in (A) through (D), I MUST say that here:

14 _____
15 _____
16 _____

17 My health care agent is NOT automatically given the powers listed below in (1) and (2). If I
18 WANT my agent to have any of the powers in (1) and (2), I must INITIAL the line in front of the
19 power; then my agent WILL HAVE that power.

20 ____ (1) To decide whether to donate any parts of my body, including organs, tissues, and
21 eyes, when I die.

22 ____ (2) To decide what will happen with my body when I die (burial, cremation).

23 If I want to say anything more about my health care agent's powers or limits on the powers,
24 I can say it here:

25 _____
26 _____
27 _____

28 PART II: HEALTH CARE INSTRUCTIONS

29 NOTE: Complete this Part II if you wish to give health care instructions. If you appointed an
30 agent in Part I, completing this Part II is optional but would be very helpful to your agent.

1 However, if you chose not to appoint an agent in Part I, you MUST complete, at a minimum,
2 Part II (B) if you wish to make a valid health care directive.

3 These are instructions for my health care when I am unable to make and communicate
4 health care decisions for myself. These instructions must be followed (so long as they address
5 my needs).

6 (A) THESE ARE MY BELIEFS AND VALUES ABOUT MY HEALTH CARE

7 (I know I can change these choices or leave any of them blank)

8 I want you to know these things about me to help you make decisions about my health care:

9 My goals for my health care:

10 _____

11 _____

12 _____

13 My fears about my health care:

14 _____

15 _____

16 _____

17 My spiritual or religious beliefs and traditions:

18 _____

19 _____

20 _____

21 My beliefs about when life would be no longer worth living:

22 _____

23 _____

24 _____

25 My thoughts about how my medical condition might affect my family:

26 _____

27 _____

28 _____

29 (B) THIS IS WHAT I WANT AND DO NOT WANT FOR MY HEALTH CARE

30 (I know I can change these choices or leave any of them blank)

1 Many medical treatments may be used to try to improve my medical condition or to prolong
2 my life. Examples include artificial breathing by a machine connected to a tube in the lungs,
3 artificial feeding or fluids through tubes, attempts to start a stopped heart, surgeries, dialysis,
4 antibiotics, and blood transfusions. Most medical treatments can be tried for a while and then
5 stopped if they do not help.

6 I have these views about my health care in these situations:

7 (Note: You can discuss general feelings, specific treatments, or leave any of them blank).

8 If I had a reasonable chance of recovery and were temporarily unable to make and
9 communicate health care decisions for myself, I would want:

10 _____
11 _____
12 _____

13 If I were dying and unable to make and communicate health care decisions for myself, I
14 would want:

15 _____
16 _____
17 _____

18 If I were permanently unconscious and unable to make and communicate health care
19 decisions for myself, I would want:

20 _____
21 _____
22 _____

23 If I were completely dependent on others for my care and unable to make and communicate
24 health care decisions for myself, I would want:

25 _____
26 _____
27 _____

28 In all circumstances, my ~~doctors~~health care providers will try to keep me comfortable and
29 reduce my pain. This is how I feel about pain relief if it would affect my alertness or if it could
30 shorten my life:

31 _____

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There are other things that I want or do not want for my health care, if possible:
Who I would like to be my ~~doctor~~ health care provider:

Where I would like to live to receive health care:

Where I would like to die and other wishes I have about dying:

My wishes about what happens to my body when I die (cremation, burial):

Any other things:

PART III: MAKING AN ANATOMICAL GIFT

(A) I WANT TO BE AN ORGAN DONOR

I would like to be an organ donor at the time of my death. I have told my family my decision and ask my family to honor my wishes. I wish to donate the following (initial one statement):

Any needed organs and tissue.

Only the following organs and tissue: _____

(B) I DO NOT WANT TO BE AN ORGAN DONOR

1 [] I do not want to be an organ donor at the time of my death. I have told my family my decision
2 and ask my family to honor my wishes.

3 PART IV: MAKING THE DOCUMENT LEGAL

4 PRIOR DESIGNATIONS REVOKED. I revoke any prior health care directive.

5 DATE AND SIGNATURE OF PRINCIPAL

6 (YOU MUST DATE AND SIGN THIS HEALTH CARE DIRECTIVE)

7 I sign my name to this Health Care Directive Form on _____ at
8 (date)

9 _____
10 (city)

11 _____
12 (state)

13 _____
14 (you sign here)

15 (THIS HEALTH CARE DIRECTIVE WILL NOT BE VALID UNLESS IT IS NOTARIZED OR
16 SIGNED BY TWO QUALIFIED WITNESSES WHO ARE PRESENT WHEN YOU SIGN OR
17 ACKNOWLEDGE YOUR SIGNATURE. IF YOU HAVE ATTACHED ANY ADDITIONAL PAGES
18 TO THIS FORM, YOU MUST DATE AND SIGN EACH OF THE ADDITIONAL PAGES AT THE
19 SAME TIME YOU DATE AND SIGN THIS HEALTH CARE DIRECTIVE.)

20 NOTARY PUBLIC OR STATEMENT OF WITNESSES

21 This document must be (1) notarized or (2) witnessed by two qualified adult witnesses. The
22 person notarizing this document may be an employee of a health care or long-term care
23 provider providing your care. At least one witness to the execution of the document must not be
24 a health care or long-term care provider providing you with direct care or an employee of the
25 health care or long-term care provider providing you with direct care. None of the following may
26 be used as a notary or witness:

- 27 1. A person you designate as your agent or alternate agent;
28 2. Your spouse;
29 3. A person related to you by blood, marriage, or adoption;
30 4. A person entitled to inherit any part of your estate upon your death; or

