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Transforming Health Care in North Dakota

North Dakota Legislature
Health Care Reform Committee
February 2, 2012

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Transforming Health Care in North Dakota

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Overriding Goal

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To provide the right care at the right time for the right reason, resulting in a healthier North Dakota

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Components

Components

- Patient-centered medical home approach
- Adaptable technology platform
- Innovative reimbursement model

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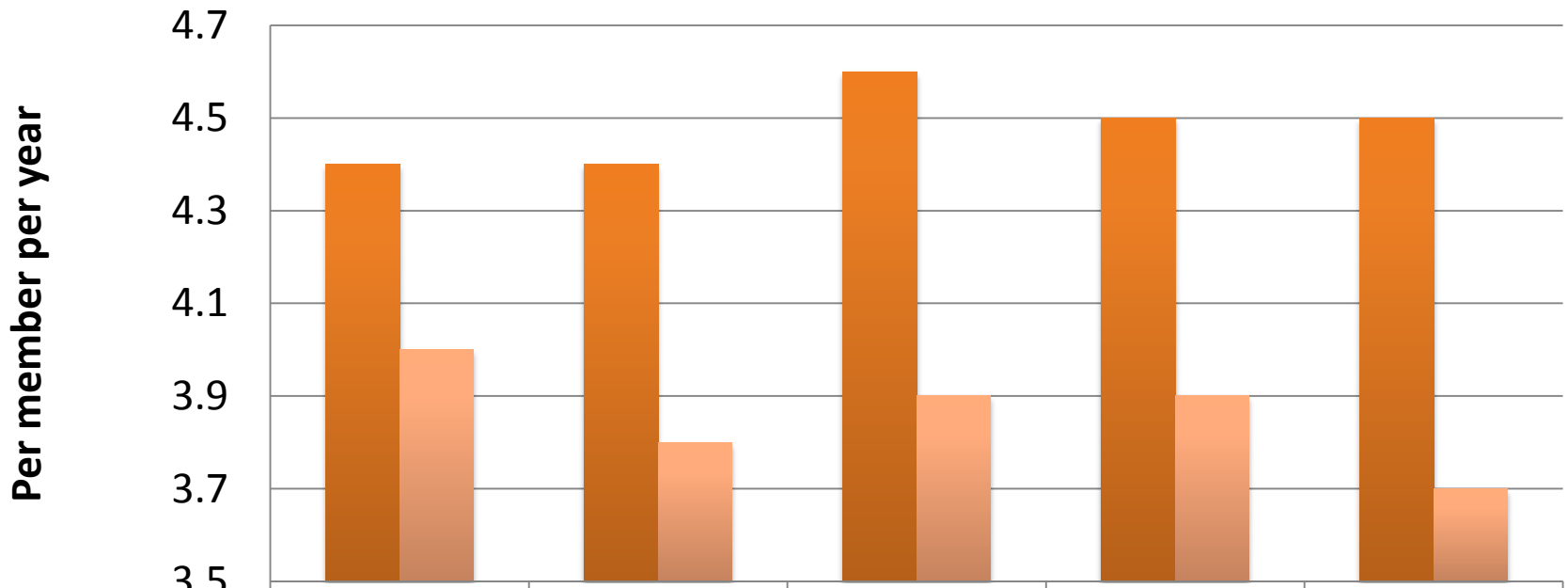
Proven Results

Office Visits



	2007	2008	2009	2010	2011
PCMH	4.4	4.4	4.6	4.5	4.5
Non-PCMH	4	3.8	3.9	3.9	3.7

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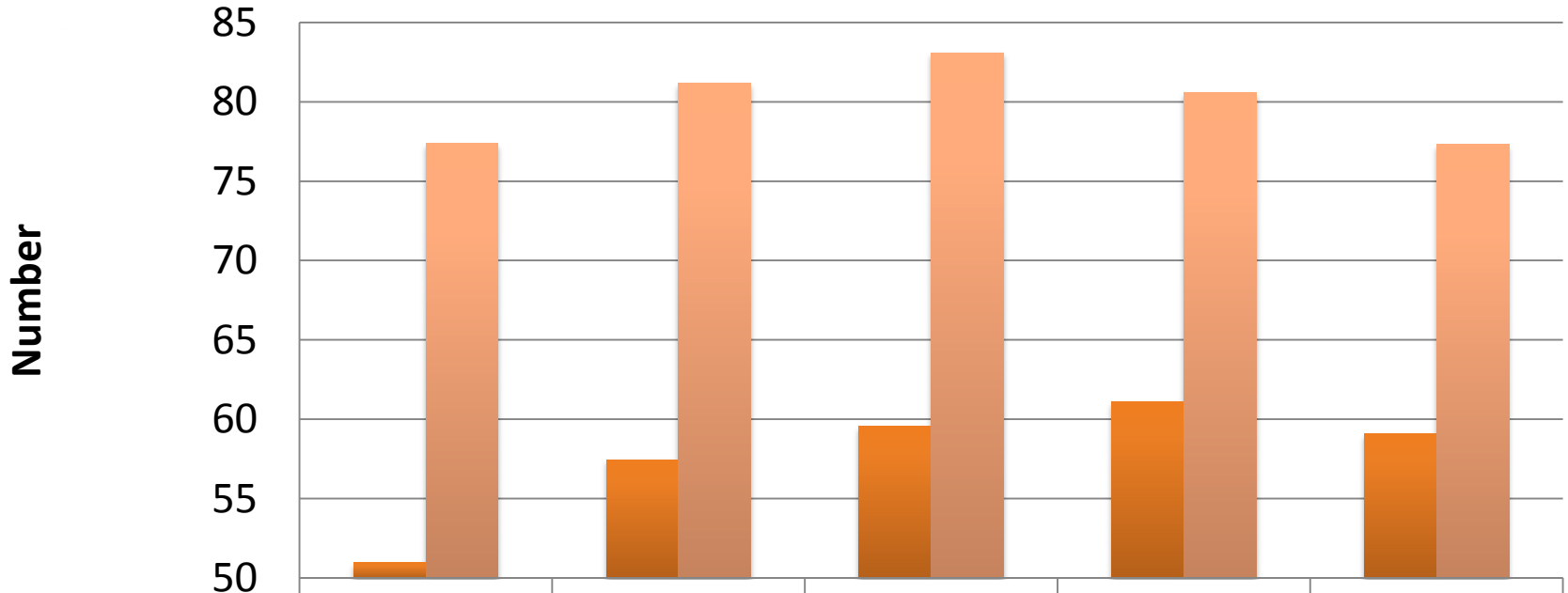
Inpatient Admissions/1000 Members



	2007	2008	2009	2010	2011
Study Group	50.97	57.46	59.54	61.11	59.09
All Members	77.4	81.2	83.1	80.6	77.3

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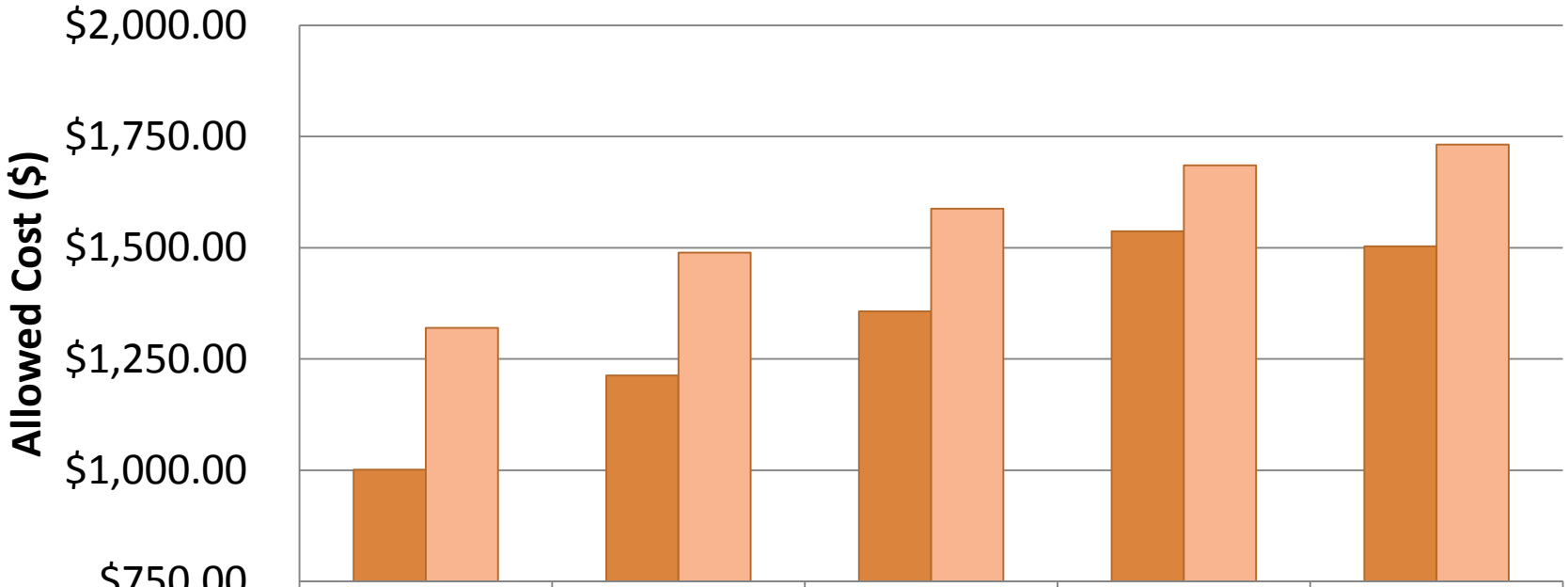
Institutional Cost PMPY



	2007	2008	2009	2010	2011
Study Group	$1,001.00	$1,213	$1,357	$1,537	$1,503
All Members	$1,320	$1,489	$1,588	$1,685	$1,732

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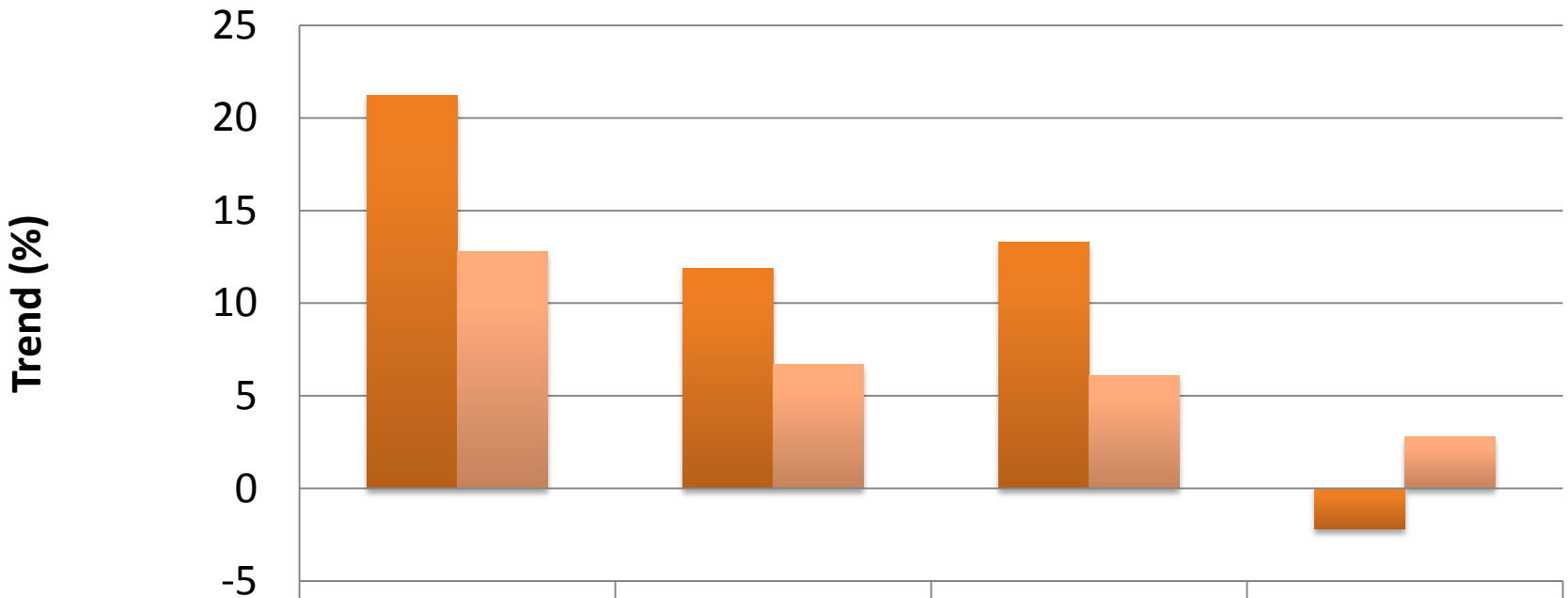
Institutional Cost Trend



	2008	2009	2010	2011
Study Group	21.2	11.9	13.3	-2.2
All Members	12.8	6.7	6.1	2.8

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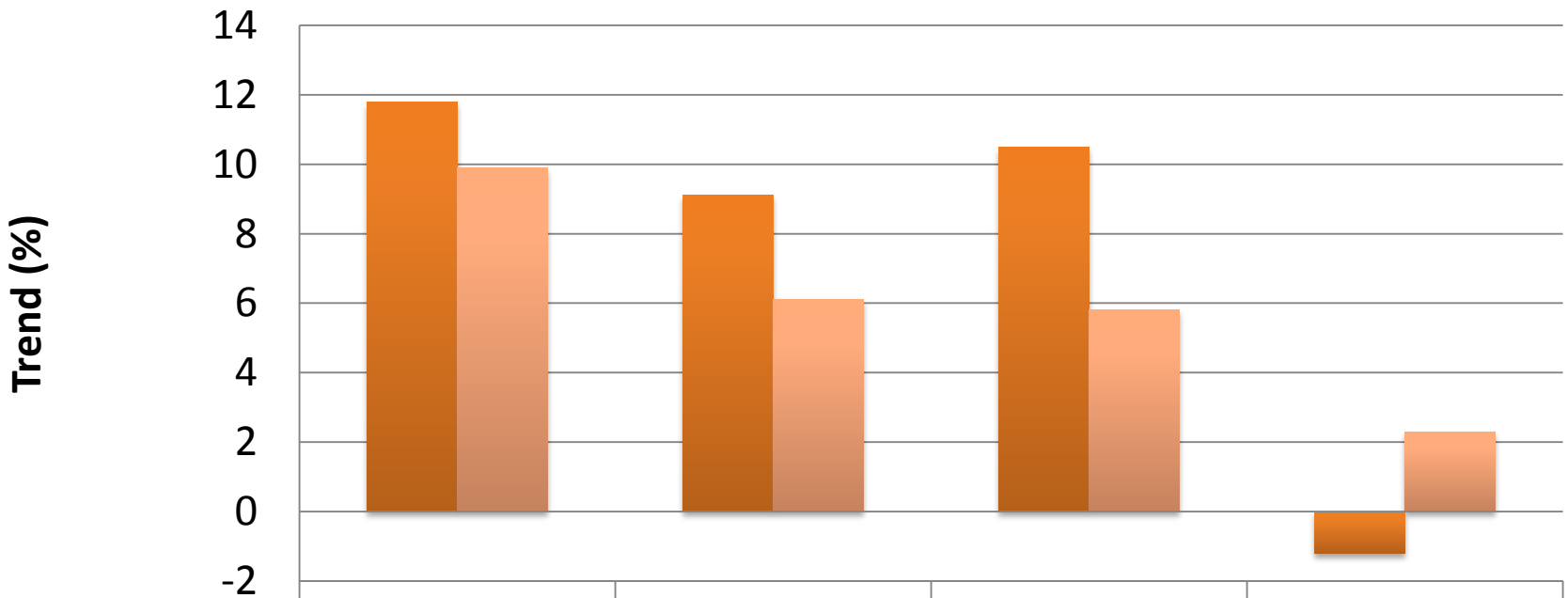
Total Cost Trend



	2008	2009	2010	2011
Study Group	11.8	9.1	10.5	-1.2
All Members	9.9	6.1	5.8	2.3

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Per member per year

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How?

MediQHome addresses chronic conditions and prevention

Chronic Conditions

- Asthma
- Attention deficit hyperactivity disorder (ADHD)
- Chronic heart failure
- Coronary artery disease
- Diabetes
- Hypertension (high blood pressure)

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Prevention

- Breast cancer screening
- Cervical cancer screening
- Colorectal cancer screening
- Immunizations

Impact on North Dakota

Impact on N.D.

- More than 1.4 million patients
  - Illustrates regional footprint
- Open to all North Dakotans
  - Not just BCBSND members

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Impact on N.D.

- More than 75% participating primary care providers
  - Remainder implementing the program

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Potential Impact on North Dakota

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Potential Impact on N.D.

- Imagine applying MediQHome results to the Medicaid and Medicare populations

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Comprehensive Primary Care Initiative

Comprehensive Primary Care Initiative

- Sponsored by Centers for Medicare & Medicaid (CMS)
- CMS funding 7 pilot projects nationwide

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Comprehensive Primary Care Initiative

- Guiding principles
  - Promoting health
  - Improving care
  - Reducing overall system costs

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Comprehensive Primary Care Initiative

- Guiding principles
  - Current visit-based, fee-for-service system may not provide resources for comprehensive primary care

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Comprehensive Primary Care Initiative

- Guiding principles
  - CMS is exploring new care delivery and payment models

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Comprehensive Primary Care Initiative

- Guiding principles
  - A major barrier to transformation in practice is transformation in payment

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Comprehensive Primary Care Initiative

- CMS decision expected March 2012

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BCBSND has leveraged its role as the state's largest commercial insurer, used technology, capitalized on the state's integrated delivery systems and tapped into its cooperative spirit to create a unique and flexible medical home model that is open to all North Dakota providers and residents.

Source: 2010-11 MediQHome Annual Report

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THANK YOU!

Questions or Comments?